

Damhead PS - School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week 1 Week beginning: 28.08.23 25.09.23 23.10.23 20.11.23 18.12.23 22.01.24	Classic Margherita Pizza Or Fish Goujon in Soft Taco Shell with Zingy Tomato Salsa Baked Beans/ Salad/ Coleslaw, Chipped Potato/ Baked Potato Strawberry Mousse & Fruit	Savoury Mince or Italian Chicken & Tomato Pasta With Garlic Bread Baton Carrots/ Salad Mashed Potato Banana Yoghurt Pot	Chicken Panini Or Lunch Bunch Chicken Curry & Naan Bread Garden Peas/ Sweetcorn Steamed Rice, Potato Wedges Chocolate Sponge & Custard	Roast Chicken with Stuffing & Gravy Carrots & Parsnips/ Savoy Cabbage Mash & Oven Roast Potatoes Strawberry Jelly, Ice Cream & Fruit	Hotdog or Crispy Cod Fishcakes Coleslaw/ Salad/ Ketchup Chipped Potatoes/Baked Potatoes Fresh Fruit Pot & Biscuit	Menu is subject to change. Morning Break Toast – 30P Muffin – 30p Apples and Oranges – 25p Wheaten – 40p
Week 2 Week beginning: 04.09.23 02.10.23 30.10.23 27.11.23 01.01.24 29.01.24	Sausage Roll or Sweet & Sour Chicken Spaghetti Hoops & Garden Peas Chipped Potatoes/ Rice Ice-cream, Chocolate Sauce & Pears	Pasta Bolognaise with Garlic Bread or BBQ Chicken Panini Sweetcorn/ Salad Potato Wedges Zesty Orange Sponge & Custard	Lunch Bunch Chicken Curry & Naan Bread or Salad Filled Pitta with Pulled Pork Garden Peas Steamed Rice Rice Pudding & Fresh Fruit	Roast Gammon with Stuffing & Gravy Cauliflower or Broccoli & Carrots Mash & Oven Roast Potatoes Blueberry Muffin	Beef Burger in Bap Or Peppered Chicken Sweetcorn/ Salad Chipped Potato/ Rice Flakemeal Biscuit & Fruit	
Week 3 Week beginning: 11.09.23 09.10.23 06.11.23 04.12.23 08.01.24 05.02.24	Golden Crumbed Fish Fingers or Chilli Chicken Pasta with Garlic Bread Baked Beans/ Coleslaw Chipped Potatoes/ Mash Artic Roll & Pears	Italian Beef with Crusty Roll Or Margherita/ Pepperoni Pizza Garden Peas/ Salad Diced Potatoes Fresh Fruit Pot	Lunch Bunch Chicken Curry & Naan Bread Or Steak Burger in Bap with Cheese Steamed Rice Tossed Salad Lemon Drizzle Cake and Custard	Roast Beef with Stuffing & Gravy Carrots & Parsnips/ Cauliflower Cheese Mash & Oven Roast Potatoes Melon Wedge	Pork Sausages Or Salt & Chilli Chicken Wrap with Garlic Mayo Mini Corn on the Cob/ Spaghetti Hoops Chipped Potato/ Mash Iced Fairy Cake	
Week 4 Week beginning: 18.09.23 16.10.23 13.11.23 11.12.23 15.01.24 12.02.24	Pepperoni Pizza with Garlic Dip or Tex Mex Beef with Veg Enchilada Sweetcorn/ Coleslaw Chipped Potato/ Baked Potato Jelly & Oranges	Cod Fishcakes or Pasta Bolognaise with Garlic Bread Garden Peas Potato Wedges Fruit Pot & Yoghurt Dip	Lunch Bunch Chicken Curry & Naan Bread Or BBQ Chicken Wrap & Salad Baton Carrots Steamed Rice Cornflake Tart & Custard	Roast Gammon with Stuffing & Gravy Broccoli/ Turnip Mash & Oven Roast Potatoes Ice Cream, Chocolate Sauce & Pears	Oven Baked Chicken Goujons or Chilli Chicken Panini Baked Beans/ Salad Chipped/Baked Potato Popcorn Cookie & Fresh Fruit	



Breads, Milk, Water & Fresh Fruit Available Daily, If You Require Additional Information on Allergens or Special Diets, Please Contact the School to complete a Special Diets Application Form