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**Damhead PS**

**School Lunch Menu**

**7th Oct – 10th Feb**

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |  |
| **Week beginning**  **7th October**  **4th November**  **2nd December**  **30th December**  **27th December** | Oven Baked Fish Fingers  Or  Beef Bolognaise & Garlic Bread.  Baked Beans/Marrowfat Peas/Pasta Spirals/Oven Baked Wedges  Vanilla Ice-Cream with Pears &Butterscotch Sauce. | Homemade BBQ Chicken Pizza  Or  Traditional Irish Stew & Wheaten Bread  Coleslaw/Baton Carrots/  Chipped Potato/Baked Potato  Homemade Banana Cake | “Lunch Bunch” Chicken Curry & Naan Bread  Or  Baked Quorn Dippers & BBQ Sauce Sweetcorn/Roast Courgette/Boiled Rice/Mashed Potato  Chocolate & Raspberry Sponge Cake & Custard | Roast Pork, Stuffing & Gravy  Or  Chicken Goujons & Sweet Chilli Dip  Fresh Seasonal Veg, Mashed Potato/Oven Roast Potato  Home-baked Popcorn Cookie & Orange Wedges | Beef Burger & Bap  Or  Rainbow Salad Wrap  Iceberg Lettuce, Tomato, Cucumber, Pepper, Cheese, Mini-Corn-on-the-Cob/Garden Peas/Chipped Potato/Baked Potato  Frozen Strawberry Mousse | Menu is subject to change.  Morning Break  Toast – 30P  Muffin – 30p  Apples and Oranges – 25p  Wheaten – 40p  Breads, Milk, Water & Fresh Fruit Available Daily,  If You Require Additional Information on Allergens or Special Diets, Please Contact the School to complete a Special Diets Application Form |
| **Week beginning**  **14th October**  **11th November**  **9th December**  **6th January**  **3rd February** | Fish Finger "Seadog" served in a finger roll.  Or  Beef Lasagne & Coleslaw Marrowfat Peas / Baked Beans Chipped Potato / Baby Potato  Apple & Pear Crumble with Custard | Savoury Beef Mince & Crusty Bread  Or  Homemade Margherita Pizza Sweetcorn / Baton Carrots Oven-baked Cubed Potato / Mashed Potato Arctic Roll & Winter Berry Sauce | Peppered Chicken  Or  Oven-Baked Pork Sausages Mini Corn-on-the-Cob / Garden Peas Mashed Potato / Boiled Rice  Home-baked Jam & Coconut Sponge & Custard | Roast Gammon, Stuffing & Gravy  Or  Creamy Mac 'n' Cheese with Garlic Bread Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato Chocolate Rice Krispie Square | Crispy Baked Chicken Burger & Bap  Or  Tuna Mayo Deli Roll Spaghetti Hoops / Asian Slaw Chipped Potato / Baked Potato  Raspberry Jelly & Peach Slices |
| **Week beginning**  **21st October**  **18th November**  **16th December**  **13th January**  **10th February** | Homemade Ham & Cheese Pizza  Or  Home-Baked Chicken Crumble Spaghetti Hoops Corn-on-the-Cob, Potato Wedges / Mashed Potatoes  Vanilla Ice-Cream with Pear & Chocolate Sauce | Beef Bolognaise  Or  Roast Chicken and Gravy Cauliflower Cheese / Steamed Broccoli Mashed Potato / Pasta Apple Sponge with Custard | "Lunch Bunch" Chicken Curry & Naan Bread  Or  Oven-Baked Breaded Whiting Garden Peas / Roast Butternut Squash Chipped Potato / Boiled Rice  Frozen Smoothie | Roast Beef, Yorkshire Pudding & Gravy  Or  Salmon Fish Fingers & Lemon Mayonnaise Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato  Chocolate Cracknel & Custard | Hotdog & Tomato Ketchup Or  Beef Burrito Coleslaw / Baked Beans Chipped Potato / Pasta Salad  Homemade Oatmeal Biscuit & Fresh Fruit Pot |
| **Week beginning**  **28th October**  **25th November**  **23rd December**  **20th January** | Oven-Baked Fish Goujons Or  Homemade Margherita Pizza Steamed Garden Peas / Spaghetti Hoops Chipped Potato / Baked Potato  Chocolate & Raspberry Brownie | Cottage Pie  Or  Oven-Baked Chicken Goujons & Choice of Dip Baton Carrots / Steamed Broccoli Garlic & Herb Potato Wedges / Pasta Spirals  Ice-cream, Jelly & Two Fruit | "Lunch Bunch" Chicken Curry & Naan Bread  Or  Oven-Baked Cod Fishcake Sweetcorn / Roasted Butternut Squash Boiled Rice / Mashed Potato Chocolate & Pear Sponge with Custard | Roast Chicken, Stuffing, Gravy  Or  Sweet Potato Fritter with Flatbread & Sweet Chilli Mayo Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato Homemade Flapjack & Orange Wedges | Oven-Baked Chicken Nuggets  Or  Homemade Beef Lasagne with Crunchy Coleslaw Baked Beans / Garden Peas Chipped Potato / Baked Potato  Choice of Fruit Yoghurt Pot |