****

**Damhead PS**

**School Lunch Menu**

**7th Oct – 10th Feb**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |  |
| **Week beginning****7th October****4th November****2nd December** **30th December** **27th December**  | Oven Baked Fish FingersOrBeef Bolognaise & Garlic Bread.Baked Beans/Marrowfat Peas/Pasta Spirals/Oven Baked WedgesVanilla Ice-Cream with Pears &Butterscotch Sauce. | Homemade BBQ Chicken PizzaOrTraditional Irish Stew & Wheaten BreadColeslaw/Baton Carrots/Chipped Potato/Baked PotatoHomemade Banana Cake | “Lunch Bunch” Chicken Curry & Naan BreadOrBaked Quorn Dippers & BBQ Sauce Sweetcorn/Roast Courgette/Boiled Rice/Mashed PotatoChocolate & Raspberry Sponge Cake & Custard | Roast Pork, Stuffing & GravyOrChicken Goujons & Sweet Chilli DipFresh Seasonal Veg, Mashed Potato/Oven Roast PotatoHome-baked Popcorn Cookie & Orange Wedges | Beef Burger & BapOrRainbow Salad WrapIceberg Lettuce, Tomato, Cucumber, Pepper, Cheese, Mini-Corn-on-the-Cob/Garden Peas/Chipped Potato/Baked PotatoFrozen Strawberry Mousse | Menu is subject to change.Morning BreakToast – 30PMuffin – 30pApples and Oranges – 25pWheaten – 40pBreads, Milk, Water & Fresh Fruit Available Daily,If You Require Additional Information on Allergens or Special Diets, Please Contact the School to complete a Special Diets Application Form |
| **Week beginning** **14th October** **11th November****9th December** **6th January** **3rd February**  | Fish Finger "Seadog" served in a finger roll.OrBeef Lasagne & Coleslaw Marrowfat Peas / Baked Beans Chipped Potato / Baby PotatoApple & Pear Crumble with Custard | Savoury Beef Mince & Crusty BreadOrHomemade Margherita Pizza Sweetcorn / Baton Carrots Oven-baked Cubed Potato / Mashed Potato Arctic Roll & Winter Berry Sauce | Peppered ChickenOrOven-Baked Pork Sausages Mini Corn-on-the-Cob / Garden Peas Mashed Potato / Boiled RiceHome-baked Jam & Coconut Sponge & Custard | Roast Gammon, Stuffing & GravyOrCreamy Mac 'n' Cheese with Garlic Bread Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato Chocolate Rice Krispie Square | Crispy Baked Chicken Burger & BapOrTuna Mayo Deli Roll Spaghetti Hoops / Asian Slaw Chipped Potato / Baked PotatoRaspberry Jelly & Peach Slices |
| **Week beginning****21st October** **18th November** **16th December** **13th January** **10th February**  | Homemade Ham & Cheese PizzaOrHome-Baked Chicken Crumble Spaghetti Hoops Corn-on-the-Cob, Potato Wedges / Mashed PotatoesVanilla Ice-Cream with Pear & Chocolate Sauce | Beef BolognaiseOrRoast Chicken and Gravy Cauliflower Cheese / Steamed Broccoli Mashed Potato / Pasta Apple Sponge with Custard | "Lunch Bunch" Chicken Curry & Naan BreadOrOven-Baked Breaded Whiting Garden Peas / Roast Butternut Squash Chipped Potato / Boiled RiceFrozen Smoothie | Roast Beef, Yorkshire Pudding & GravyOrSalmon Fish Fingers & Lemon Mayonnaise Fresh Seasonal Vegetables Mashed Potato / Oven Roast PotatoChocolate Cracknel & Custard | Hotdog & Tomato Ketchup OrBeef Burrito Coleslaw / Baked Beans Chipped Potato / Pasta SaladHomemade Oatmeal Biscuit & Fresh Fruit Pot |
| **Week beginning** **28th October** **25th November** **23rd December** **20th January**  | Oven-Baked Fish Goujons OrHomemade Margherita Pizza Steamed Garden Peas / Spaghetti Hoops Chipped Potato / Baked PotatoChocolate & Raspberry Brownie | Cottage PieOrOven-Baked Chicken Goujons & Choice of Dip Baton Carrots / Steamed Broccoli Garlic & Herb Potato Wedges / Pasta SpiralsIce-cream, Jelly & Two Fruit | "Lunch Bunch" Chicken Curry & Naan BreadOrOven-Baked Cod Fishcake Sweetcorn / Roasted Butternut Squash Boiled Rice / Mashed Potato Chocolate & Pear Sponge with Custard | Roast Chicken, Stuffing, GravyOrSweet Potato Fritter with Flatbread & Sweet Chilli Mayo Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato Homemade Flapjack & Orange Wedges | Oven-Baked Chicken NuggetsOrHomemade Beef Lasagne with Crunchy Coleslaw Baked Beans / Garden Peas Chipped Potato / Baked PotatoChoice of Fruit Yoghurt Pot |